

**Forsyth County Health and Human Services Programs and Services List**

<b>Health and Human Services Agency</b>	<b>Program Name</b>	<b>Contact Phone #</b>	<b>Program/Service Description</b>	<b>Eligibility Requirements</b>	<b>Costs</b>
Social Services	Adult Services	Main Line - (336) 703-3501	Adult Protective Services, Adult Guardianship, Adult Placement Assistance, Protective Payee Services, In-Home Aide services, Adult Social Work / Case Management, Employment Center / Job Search resources and workshops, Work First Family Assistance	All service applications are free of cost to submit. Each program has different eligibility requirements.	FREE
Public Health	Baby Safety (Cribs for Kids)	Yolanda Cerceres - (336) 703-3194	In these classes, participants learn how to create a safe sleep environment and reduce their babies' risk of SIDS, as well as how to select and install the correct car seats for their children. The class can be completed in person or online, and it is offered in English and Spanish.	Education is available to anyone who takes care of or will take care of an infant	FREE
Public Health	BeHealthy School Kids	Alexandria Gillis - (336) 703-3217	A community-based nutrition and exercise program that provides interactive educational programs and materials at various locations in the community including Title 1 elementary schools, libraries, churches, and summer camps to help prevent obesity and other preventable non-communicable diseases.	Program is intended to serve school-aged children	FREE

Bridges to Hope	Bridges to Hope Family Justice Center	<p>For crises: Family Services 24-Hour Domestic Violence and Sexual Assault Crisis Line (336) 723-8125</p> <p>Regular service hours are Monday-Friday, 8:30 am-4:30 pm. Phone: 336-776-3255</p>	Offers comprehensive services for those affected by: Domestic violence, sexual assault, child maltreatment, elder abuse, and human trafficking.		FREE
Public Health	Care Management for At-Risk Children (CMARC)	Cecilia West - (336) 703-3242	Care Management for at Risk Children (CMARC) is an at-risk population management program that serves children from birth to 5 years of age who meet certain risk criteria, such as has been diagnosed with developmental delays or disabilities, long term illness and/or social and emotional disorders.	Children with special health care needs, children in foster care and in need of a medical home, children living in stressful situations and children who are high cost/ high users of health care services	FREE
Public Health	Care Management for High-Risk Pregnancies (CMHRP)	Carolyn Moolhuyzen - (336) 703-3243	CMHRP focuses on improving birth outcomes through reducing the rate of preterm and low birthweight births. OB Care Managers (OBCMs) are made up of RN's & SW's who use a holistic, person-centered approach to meet the needs of the patient. OBCMs communicate regularly with the prenatal care provider about the patients' progress toward goals, as well as current	Pregnant Women with a risk factor and eligible for Medicaid or will be eligible for emergency Medicaid	FREE

			needs and issues that may impact clinical care. OBCMs have regular face to face interactions with patients.		
Social Services	Child Support Services	Customer Service at 1-800-992-9457: The customer service center assists callers 24 hours a day with an automated voice response system as well as personalized assistance between 7:30 am and 7:30 pm.	CSS agents help locate non-custodial parents, establish the paternity of the child(ren) and petition the court to order child support payments.		FREE
Public Health	Childbirth Education	Chaquea Atkinson - (336) 703-3206	These classes help participants prepare for the third trimester of pregnancy, labor and delivery of their baby, and postpartum life. These online classes are free-of-charge, and they are available in English, Spanish, Portuguese, French, German, Arabic, Japanese, and Chinese.	Forsyth County Residents Expectant mother and support person	Free online classes

Public Health	Cleveland Avenue Dental Center	Kia Smalls - (336) 703-3095 Kate Stanton - (336) 703-3101	Dental clinic providing preventive and restorative dental services including cleanings, sealants, fillings, extractions, dentures, and palliative care for children and adults.	Patients of all ages are accepted on a monthly basis depending upon capacity. Referrals from other FCDPH programs should mention referral source	Fee for service, Medicaid, Ameritas, Sliding scale fee
Public Health	Clinics - Family Planning	Amy Farmer - (336) 703-3321 Angela Mitchell - (336) 703-3295 Nicole Spencer - (336) 703-2612	The Family Planning clinic offers individuals comprehensive family planning and preventive health services. Including a wide variety of contraceptives methods. Contraceptive education, supplies, and services are provided to those wanting and needing them. Low-income families are given priority. All services are confidential. An adolescent clinic is available for teens and interpreters are also provided for non-English speaking clients.	Forsyth County Residents	Sliding scale fee
Public Health	Clinics - Immunizations	Michelle Spann - (336) 703-3317	Immunizations for children and adults.	Forsyth County Residents	Varies, no cost to children with Medicaid or no insurance
Public Health	Clinics - STD	Michelle Spann - (336) 703-3317	Provides examinations, diagnostic testing, and treatment of STDs. HIV counseling and testing is also offered.	Forsyth County Residents	FREE

Public Health	Clinics - TB	Pam Burch - (336) 703-3311	The Tuberculosis Control Program provides diagnostic testing, case management, directly observed therapy and contact investigations for individuals with Active Tuberculosis. The clinic also provides diagnostic testing and treatment for individuals with Latent Tuberculosis Infection.	Forsyth County Residents	FREE
Public Health	Coalitions - Forsyth Adolescent Health	Au'Shonna Langley - (336) 703-3180	FAHC is a grassroots initiative of concerned professionals, paraprofessionals, and volunteers that advocate for and develop concrete approaches to address the health needs of our community's adolescents, especially related to teen pregnancy prevention and support of pregnant and parenting teens.	Forsyth County Residents	FREE

Public Health	Coalitions - Healthy Corner Store Network	Katelyn Johnson - (336) 703-3267	Coordinates and implements community-based interventions that address poor nutrition, health equity, food access, and promotes/advocates for policy initiatives related to food security. Research funding opportunities to support the health department's work around food security as well as develop/maintain relationships and increase the number of retail venues that meet the NC Healthy Food Retail Designation. Supports the "Take What You Need Program" from produce harvested from the community garden which supports the corners stores with free produce to distribute to the community. Increases/maintains community venues providing access to healthy foods.	Forsyth County Residents	FREE
Public Health	Coalitions - Infant Mortality Reduction	Jasmine Harris - (336) 703-3260	The Forsyth County Infant Mortality Reduction Coalition is a group of concerned citizens, organizations, and institutions working together to prevent infant deaths. This program recognizes that promoting women's health before women become pregnant is the best long-term way to work for	Professionals and Forsyth County Residents	FREE

			healthy mothers and babies in our community.		
Public Health	Communicable Disease (CD)	Maura Trimble - (336) 703-3241	The CD team investigates reports of communicable disease received from physician's offices, labs, schools, daycares, food establishments and long-term care facilities and reports the findings to the state.	Forsyth County Residents	FREE
Public Health	Community Nutrition Education	Kerry Leonard - (336) 703-3215	A community-based nutrition program that provides interactive educational programs and materials at various locations in the community including schools, libraries, local housing communities, health fairs, churches, and summer camps.	Forsyth County Residents and Employees	FREE
Social Services	Economic Services	Main Line - (336) 703-3800	Food and Nutrition Benefits, Family and Children's Medicaid, Adult Medicaid, Childcare Subsidy, Energy Assistance, Employment Services, Work First Family Assistance	All service applications are free of cost to submit. Each program has different eligibility requirements and may require financial contribution by the client.	FREE
Public Health	Environmental Health	Main Line - (336) 703-3225	Routine inspections of food and lodging establishments, daycare, schools, institutions, tattoo parlors, drinking water, pools, and vector control.	Forsyth County Residents and Establishments	

Social Services	Family & Children's Services	24/7 Reporting of Abuse/Neglect - (336) 703-2287 Main Line - (336) 703-3800	Child Protective Services, In-Home Services, Foster Care, Foster Care 18-21, Foster Home Licensing, Adoption, LINKS, Clinical Services	Each program has different eligibility requirements	FREE
Public Health	Family Planning Health Education	Felicia Moore - (336) 703-3325	Family Planning Health Education is intended to help plan pregnancies, prevent unintended pregnancies, reduce infant mortality, improve health, reduce health care costs, and help build a better future for women, men and children. Counseling services are offered in the Family Planning Clinic.	Forsyth County Residents	Free education, sliding scale fee for clinical services
Public Health	Flourish Adolescent Health Program	Au'Shonna Langley - (336) 703-3180	Flourish is a pregnancy prevention program for young girls that focuses on providing age-appropriate education on peer pressure, bullying, female anatomy, and healthy relationships. It is designed to help increase self-esteem and self-awareness in preteen and teen females. Transportation is provided.	Teens will be transported to the Health Department for classes/educational sessions and to the summer events. Permission of parent/guardian is required.	FREE



Behavioral Health Services	Forsyth Regional Opioid and Substance Use Team (FROST)	Annie Vasquez - (336) 486-0103	Forsyth Regional Opioid and Substance Use Team is made up of representatives from over 80 different community agencies in addition to community members with lived experiences. We have a comprehensive plan and are working together to build and maintain a continuum of care in the Forsyth County community that educates the community, provides primary prevention, overdose prevention, promotes harm reduction practices, removes barriers to treatment and recovery, and breaks down stigma surrounding substance use.		FREE
Public Health	Healthy Beginnings	Chaquea Atkinson - (336) 703 - 3206 Araceli Barcenas - (336) 703 - 3183 Sharon Nwanna - (336) 703 - 3391	Healthy Beginnings is a free case management program focusing on minority women of childbearing age and their families (including partners) living in Forsyth County. Healthy Beginnings provides a support system throughout pregnancy and during the first two years of their child's life. Families will receive one-on-one care management to help make the pregnancy and the beginning years with their child a healthy, enjoyable experience.	Forsyth County Residents Prenant or less than 60 days postpartum Program focuses on minority women	FREE

Public Health	Healthy Start Triad Baby Love Plus	LaSonya Tuttle - (336) 703 - 3189 Rodericka Moore - (336) 703 - 3188 Bonita Murphy - (336) 703 - 3247	Home visiting case management and educational services provided by social workers and field outreach workers. Preconceptional, prenatal, and postpartum women, and fathers/male partners are served until the infant is 18 months old. Educational outreach is provided for families between the ages of 15-44 and their community support systems. The goal of the program is to improve birth outcomes and the health of women of reproductive age.	Forsyth County Residents Case management services are focused on African American women, ages 15-44	FREE
Public Health	Hispanic Liaison Program	Reina Rodriguez - (336) 703 – 3145 Josefina Acosta-Herrera - (336) 703 – 3147	The Hispanic Liaison Program is the bridge between the Hispanic community and the departments, programs and organizations within Forsyth County Government. It also establishes relationships with outside partner organizations. The Hispanic Liaison Program's mission is to establish collaborative ties and maintain communication with the Hispanic community, leaders, and businesses while educating and informing the community about resources to maintain good health and avoid illnesses and diseases.	Forsyth County Residents and partner organizations	FREE

Public Health	Interpreter and Translation Services	Patricia Luna - (336) 703 - 3329 Arlene Acevedo - (336) 703 - 3179 Lesly Guerrero - (336) 703 - 3263 Rocio Forrest - (336) 703 - 3991 Rosalinda Olivares - (336) 703 - 3283 Sandra Lazo - (336) 703 - 3176	Spanish Interpreters are available on site. Spanish translations in health education, assisting Nurses in home visits, EH, DH and various programs in the Health Department.		FREE
Social Services	Interpreter and Translation Services	Jonathan Gutierrez - (336) 703 - 3991	Spanish Interpreters are available on site. Spanish translations in client visits, assisting social workers in the field, and various programs in Social Services.		FREE
Public Health	Jail Health	Valerie Stewart - (336) 917-7604	Contractually monitors the jail medical provider and communicable disease in the county jail.		
Public Health	M3 - Motivating Males on the Move	Stanley Howard - (336) 703 - 3366 Au'Shonna Langley - (336) 703 - 3180	M3 is a support program for young boys designed to provide age-appropriate education on male development, sexual health, decision making, and healthy relationships. Transportation is provided.	Teens will be transported to the Health Department for classes/educational sessions and to the summer events. Permission of parent/guardian is required.	FREE

Public Health	Men's Health Program	Stanley Howard - (336) 703 – 3366	The Men's Health Program is a male-based community outreach program helping men become more knowledgeable of chronic diseases and prevention. This program focuses on chronic illness and other health topics such as nutrition, physical activity, mental health and strengthening father and son relationships.	Forsyth County Male Residents	FREE
Public Health	NC Minority Diabetes Prevention Program Region 3	Kasey Wilkie - (336) 703 – 3219	NC MDPP is a free, year-long diabetes prevention program designed for participants who are pre-diabetic or have risk factors for developing diabetes. This program encourages lifestyle changes such as healthy eating, meal planning, physical activity and overcoming barriers to reduce the risk of type 2 diabetes. Sessions are led by trained Lifestyle Coaches and follow a CDC-approved curriculum.	Adults who qualify through a health screening	FREE
Public Health	Nurse-Family Partnership	Christine Wanous - (336) 703 - 3190	Nurse home visiting program for first-time pregnant women.	Forsyth County Residents First pregnancy. Early in pregnancy- must enroll before 28 weeks. If patient qualifies for Medicaid or WIC, they qualify for NFP. If in doubt, refer and we will check income with them.	FREE

Public Health	Occupational Health	Michelle Spann - (336) 703 - 3317	Provide OSHA required medical services to county employees.	Forysth County Government Employees	
Behavioral Health Services	Peer Support Specialists	Jose Perez - (336) 703 – 2979	Forsyth County Peer Support Specialist, Jose Perez, is primarily located at the Central Library and is available to direct community members to essential services such as housing assistance, medical services, behavioral health services, and financial services.  Jose is available for one-on-one meetings, by appointment or walk-in		FREE
Behavioral Health Services	Pharmacy	Main Line - (336) 703 – 3250	The Forsyth County of Public Health Pharmacy is a limited formulary retail pharmacy. We primarily stock behavioral health medications and medications prescribed by the Public Health clinics.	Public Health and Behavioral Health patients Forsyth County Government Employees receiving services from the Employee Health and Wellness Clinic	Accepts most private insurances, Medicaid, Medicare Part D plans Patient Assistance Program (PAP)
Public Health	POSSE (Prevent Ongoing Spread of STIs Everywhere)	Tayla Ford-Gardner - (336) 703 - 3181 Keyla Lewis-Flemming - (336) 703 - 3212 Jasmine Wilson - (336) 703 - 3213 Rithy Vang - (336) 703 – 3232 English-Valentin Bonds – (336) 703 - 3209	A HIV and STI testing and education outreach program that provides free HIV and STI screenings, condoms, risk-reduction counseling, and education services at various non-traditional locations in Forsyth County including (but not limited to) colleges and universities, homeless shelters, public housing communities, substance abuse facilities,	Anyone 12 and older who is sexually active and/or a former or active drug user	FREE

			federally qualified healthcare facilities, and correctional facilities. Provide PrEP education and referrals.		
Public Health	Prenatal Parenting	Chaquea Atkinson - (336) 703 - 3206	These online classes are designed especially for soon-to-be parents but are also relevant for any family with a baby under one year old. Participants learn skills to help them raise a healthy, thriving baby through topics such as basic infant care, breastfeeding, nutrition, immunizations, birth control after baby, and more. These classes are free-of-charge, and they are available in English, Spanish, Portuguese, French, German, Arabic, Japanese, and Chinese.	Forsyth County Residents Expectant parent/caregiver OR parent/caregiver of infant under 1 year	FREE
Public Health	Preventive Dental Health	Mashica J. Tobias - (336) 703 - 3377 Deborah Massenburg - (336) 703 - 3378	An oral education and screening program that provides non-clinical, preventative dental health services, including oral health assessments and referrals to children in Winston/Salem Forsyth County elementary schools and local preschool facilities.	Program is intended to serve pre- school and elementary school-aged children; however, hygienists may consult with community members to provide dental resources	

Public Health	School Health	Brooke Hamby - (336) 703 - 3274	School health services for the WSFCS system, which includes all school aged children and children with special needs. Program goals are to promote optimum student health in order to facilitate effective education and positive student outcomes.	All children qualify	
Behavioral Health Services	Stepping Up Initiative/Mental Health Court	Amber Humble - (336) 703 – 2606	<p>The SUPER program provides screening, transition planning, peer support, and case management to persons who have mental health or substance use disorders. The program focuses on men and women who have criminal justice involvement. We also assist those who may not have any legal issues.</p> <p>The MHC Program is a court supervised treatment program for people who have been identified as having a mental illness, pending charges, and have agreed to participate in the program. MHC is a pre-plea court that links eligible defendants to treatment and support services that help them better manage their mental health.</p>		FREE

Public Health	Transportation	Robin Lester - (336) 703 - 3269 Transportation Assistants: Debbie Hutton - (336) 703 - 3273 Kysha Rooks - (336) 703 - 3187	Transportation services are provided to individuals receiving health department services or other appointments as determined by public health case managers and other program staff. Transportation for health department related classes and groups is also provided.	Forsyth County Residents receiving services or participating in programs offered by the Forsyth County Department of Public Health. Health Department staff requests transportation services on behalf of client.	FREE
Public Health	Unify Adolescent Health Program	Au'Shonna Langley - (336) 703 - 3180	UNIFY is a co-ed, both male and female, teen group. The UNIFY program is also a pregnancy prevention program that focuses on female/male anatomy, consent, birth control, STD/STI, and other topics related to sexual health. UNIFY goes more in depth compared to Flourish and aims to educate and inform teens on sexual health. Transportation is provided.	UNIFY is a co-ed, both male and female, teen group. The UNIFY program is also a pregnancy prevention program that focuses on female/male anatomy, consent, birth control, STD/STI, and other topics related to sexual health. UNIFY goes more in depth compared to Flourish and aims to educate and inform teens on sexual health. Transportation is provided.	FREE
Public Health	WomanWise (Breast and Cervical Cancer Prevention Program) and WISEWOMAN Project	Stefanie Ramsey - (336) 703 - 3196	Provides breast and cervical screening to uninsured women in Forsyth County by providing pap smears and screening and diagnostic mammograms when indicated. Education on breast health and testing for HPV. WISEWOMAN includes screening for blood pressure, weight and lab work with lipid panel and	Forsyth County residents Ages 40- 75 250% poverty level Uninsured or only Family Planning Medicaid Undocumented residents accepted	FREE



			glucose. There is a health coaching component.		
Public Health	Women, Infants and Children (WIC)	Mayte Grundseth - (336) 703 - 3333 Appointment line - (336) 703 - 3336	Federally funded health and nutrition program for women, infants, and children. WIC helps families by providing checks for buying healthy supplemental foods from WIC-authorized vendors, nutrition education, breastfeeding support, and help finding healthcare and other community services.	Forsyth County ResidentPregnant, breastfeeding, or post-partum mother; and infants and children up to 5 years oldFamily income less than 185% of the U.S. Poverty Income guidelines OR receiving Medicaid, Food Stamps, or Work First Families AssistanceComplete and meet qualifications for a nutritional risk assessment	FREE