



Programs/Services 2021-2022

Aspire Youth & Family, Inc. -

Kids at Work - an interpersonal skills development program based around the culinary arts. Youth are a part of the program for 16 weeks and meet for three hours once a week for instruction. The curriculum consists of 24 hands-on lessons that are designed to meet the client's unique learning styles and help them apply the skills in a work environment. Youth ages 15-17 receive ServSafe food safety training and certification exam, making them more marketable for employment. The program also assists with job placement for working age youth.

The Connection - Technology has opened up new vocational options for the upcoming generation that are not age-restricted. The Connection program teaches youth entrepreneurial and vocational skills through a music production job training program. Learning is project-based and designed to prepare youth for employment, higher education, and/or business ownership. Youth with a wide range of abilities and work preferences will find a role that fits them best, from the artistically-inclined to the technically-minded.

Forward Focus Forsyth - The Forward Focus program provides youth with a vocational assessment to determine potential career paths and then matches youth with work sites in the community to gain exposure and experience in those fields. Staff work with the youth to explore the educational needs, training options, and expected income for their top career choices. The youth also debrief their work experiences with peers and staff for deeper self-reflection and learning from others.

Executive Director: Kimberly Castano

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Authoring Action

Just Us - Authoring Action's "JUST US" program provides teens the opportunity to develop their minds, thoughts and futures through the development of short films. The films give voice to their lives, their stories and thoughts about important issues in the world, and why they find themselves in their current life situation. Just Us supports the development of creative and successful futures, through academic enhancement and life skills education.

JUST US TEACHES:

Basic Filmmaking – from page to screen! Script development through Authoring Action's creative writing process: Develop shot list and locations, shoot & direct your own short film, and an introduction to Film Editing and audio development for Film, including making your own beats for spoken word.

Program Manager: [Lynn Rhoades](#)

Program & Outreach Coordinator: [Love' Lemon](#)

Phone: 336-749-1317

[The Children's Center of NWNC](#)

Temporary Shelter - Program offers temporary shelter and care on both emergency/crisis and planned placement basis for delinquent and undisciplined youth. Youth served are age 6-17, male or female, and are referred for placement by DPS. Youth are placed for short-term respite to allow a cooling down period for the child and family while plans are made to stabilize the home. In FY22, Forsyth JCPC has funded the addition of a secured bed for 365 days.

Program Manager: Robin Testerman
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[Family Services, Inc.](#)

Strengthening Families – Program to strengthen parenting skills, improve family bonding and communication, increase youth's ability to cope with stress and peer pressure, and prevent adolescent substance abuse.

Trauma Assessment and Trauma Counseling - Provide a comprehensive trauma assessment using trauma specific screening tools to determine how trauma exposure may be impacting the youth. Trauma counseling helps youth and families heal from past trauma and reduce or better manage the symptoms they are experiencing.

Program Manager: Nicole Alford, Counseling Program Manager
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[Insight Human Services](#)

Psychological Assessment - This program provides services to court involved youth ages 7 to 17 who need psychological evaluation/assessment, mental health and/or substance abuse assessment for placement, including capacity to proceed evaluations and sex offender specific evaluations. It also makes recommendations for supervision/referral plans and identifies needs for mental health or substance abuse services. The staff are available for court staffing, as consultants to the juvenile court teams and for in-service training and consultation with judges or court counselors. This presence, skill set and service assists to ensure that the target population is appropriately identified and served. The evaluations and recommendations from staff psychologists will assist the judges and court counselors to develop an appropriate and effective treatment plan and disposition for your youth.

Program Manager: Brittany Travis, MA, LCAS, LCMHC-A, NCC, Coordinator of Adolescent Services
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[Parenting Path](#)

Parent/Teen Solutions - 12 week 3-hour group provided to at-risk and delinquent youth (12-17) and their parents. Program is designed to repair parent/teen relationships, maintain youth in the home, reduce recidivism, improve parent-child relationship, school motivation, problem solving skills; parenting skills. Families participate in peer group sessions that include a 30 minute ice-breaker (dinner is served), 45 minute breakout session for parents and youth, and 90 minute group discussion.

PATTS - This nine-week, 1 hour group serves 3rd through 5th graders and parents; and 6th and 7th graders and parents who are diverted, adjudicated undisciplined, and delinquent referred by court counselors, school personnel, social workers and their parent(s). In these one hour sessions, the program teaches cognitive skills, peer refusal skills, appropriate conflict resolution skills, identification and verbalization of emotions or anger cues, calming techniques, and forgiveness. Parents will receive training informing them about the skills taught to students, encouraging them to

support the use of the skills at home. The program will decrease the likelihood that youth become involved in anti-social and other problem behaviors, including gang membership.

Knock Out – This new program in 2021-2022 will provide 12 week 2-hour group provided to gang involved, at-risk and delinquent youth (12-18) and their parents. Program is designed to repair parent/teen relationships, maintain youth in the home, prevent gang involvement, reduce recidivism, improve parent-child relationship, problem solving skills; parenting skills. Families participate in group sessions utilizing Group Teen Triple P Level 4. Teens participate in fitness program including boxing, mindfulness and meditation.

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Triad Restorative Justice

Impact Circles - a community-based diversion program providing a restorative response for youth involved in incidents of crime or misbehavior. We adhere to the restorative justice theory of accountability to the victim and the community by bringing together the youth and their parent/guardian, the victim (when applicable and willing), and members of the community. Trained peers and participants make decisions together as to how the youth should take responsibility for their actions through a Repair Agreement that must be completed.

RESTART - a 12-week program which integrates restorative practices with an evidence-based curriculum (A.R.T.) and includes a restorative family conference with the youth & their family before beginning and upon completion of a 10-week group class focusing on social skill building, anger management and moral reasoning. RESTART focuses on youth ages 11-17 with a history of aggressive or challenging behaviors.

Program Manager: Valerie Glass
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Youth Collaborative

Project X - Project X is an integrative program providing services to youth ages 14-20 (18-20 for juvenile justice involved youth only) who are at high-risk of gang involvement. After conducting an assessment youth receive services to improve problem behaviors through coaching from their outreach coordinator. Participants also work toward educational and employment goals as well as involvement in pro-social activities. Services provided will target individual needs using the Comprehensive Gang Model.

Program Manager: Terra Lataille
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YWCA

Teen Court - a program sponsored by the YWCA of Winston-Salem. Through Teen Court, juvenile first-time offenders are given a chance to turn their lives around and avoid a criminal record. Youth are sentenced by a group of their peers to perform community service, attend educational seminars, and/or provide other types of restitution for their acts. The program conducts Teen Court every other week for approximately 11 months at the Forsyth County Hall of Justice.

Program Manager: Greg Squires
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Work & Earn It - provides opportunities for youth ages 7-16 to fulfill the court requirements by working off the community service and restitution at local non-profit organizations. All of the referrals come from Juvenile courts. If a juvenile owes restitution, he/she will work off his/her restitution @ \$7.25/hour, which the YWCA will pay the victim directly on completion. Our operation hours are from 9:00 am to 5:00 pm, Monday through Friday. Community Service work is performed during after school hours, teachers' workdays or when school is closed or the weekends at various locations.

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